

October Snack- Ruth's Class

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AM- Cheese** Ehren PM- Mini Pretzels (1 bag) Violet	2 AM- Organic Apples (6 Lg) Grace C PM- Yogurt** Denali	3 AM- Cucumbers** (2 large) Liam PM- Crackers** (1 box) Jackson	4 AM- Grapes (1 large bag) Daniel PM- Raisin Boxes Maya	5 AM-Baby Carrots (1 bag) Stefon PM- Popcorn (1 large bag popped) Luke	6
7	8 AM- Bananas (10 large) Grace W PM- Sweet Potato Chips** (1 bag) Cole	9 AM- Granola Bars** Amelia PM- Jars of Apple Sauce** Viviana	10 AM- Cheese** Levi PM- Oranges (6 large) Stefon	11 AM- Crackers** (1 box) Brielle PM- Sugar Snap Peas (1 large bag or 2 small bags) Liam	12 AM- Mini Pretzels (1 bag) Jonathan- Birthday PM- Stretch Island Fruit Leather Violet	13
14	15 AM- Organic Apples (6 lg) Jackson PM- Cuties Denali	16 AM- Goldfish (1 bag) Grace C PM- Jars of Apple Sauce** Daniel	17 AM- Tortilla Chips** (1 bag) Ehren PM- Raisin Boxes Luke	18 NO SCHOOL	19 NO SCHOOL	20
21	22 AM- Cherry Tomatoes (quart size tub) Maya PM- Cheese** Stefon	23 AM- Oranges (6 large) Brielle PM- Mini Pretzels (1 bag) Liam	24 AM- Bananas (10 large) Amelia PM- Granola Bars** Jonathan	25 AM- Cucumbers** (2 large) Violet- Birthday PM- Sweet Potato Chips** (1 bag) Grace W	26 AM- Stretch Island Fruit Leather** Cole PM- Crackers** (1 box) Daniel	27
28	29 AM- Cheese** Jackson PM- Mini Pretzels (1 bag) Denali	30 AM- Organic Apples (6 Lg) Ehren PM- Yogurt** Levi	31 AM- Cucumbers** (2 large) Grace C PM- Crackers** (1 box) Viviana	** INDIVIDUAL ITEMS: Bring enough for each AM Snack: 20 Snacks PM Snack: 20 Snacks (See Reference Guide)	OPTIONAL: You may nut free hummus or ranch with veggies. NO PEANUT or NUT PRODUCTS!!!	Questions- Call Colleen Alexander at 520-749-5518 X 7200