

Preschool and Kindergarten Parents:

Hermosa asks that all preschool and kindergarten parents contribute a classroom snack once a month. So far this year many parents have forgotten to bring snack, or have been unaware of the snack schedule. Snack is an important part of our students' day. It not only offers students a necessary nutritional boost but also gives them an opportunity to use important practical life skills. When snack is not brought in students do not have these opportunities.

Please use the following guidelines to ensure that snack is available to students on a daily basis.

- Each parent is responsible to know their scheduled snack day. Find your scheduled snack day by going to Hermosa's website at www.hermosaschool.org.
- If you do not have access to the internet you can view a copy of the calendar on Hermosa's bulletin board.
- If you are not sure about snack choices, Hermosa's website offers many options. Look for a Snack Guide in *PreK and Kinder Info*. Remember that snacks must be individually store wrapped and sealed.
- NO PEANUT OR NUT PRODUCTS
- Mark your calendar
- If you are unable to bring snack on your scheduled day call me as soon as possible. I may have ideas and suggestions.
- Call me if you have further questions

Thank you for supporting school snack.

Colleen Cox
444-8543

HEALTHFUL SNACKS ARE THE BEST CHOICE!